

# Mountain Wellness Offers



### Partial Body Massage

25 Min.

€ 38,00

to relax the musculature, ideal to relieve tensions in the neck and back,

### Full Body Massage

50 Min.

€ 68,00

to relax the musculature, the classic full body massage helps to relieve tensions, stimulates the blood flow and raises the wellbeing,

# Sports Massage

50 Min.

€ 68,00

raises the energy and acts stimulative, the sportsmassage is as well as after and as preparation for activity advisable, it tenses the musculature and makes you fit,

### Hot – Stone Massage

90 Min.

€ 120,00

this massage with warm stones is an extremely gentle and deeply relaxing tratment, to warm the body the masseur put the stones on different energy points, you get massaged with the stones instead of hands,

### Head - Neckmassage

25 Min.

to relax, this massage relief tensions of the head and neck, ideal if you are troubled with migraine and tension headache,

Face Massage

25 min.

€ 42,00

to relax, this massage relief tensions of the face,

### Aromatic oil Massage

50 Min.

€ 69,00

25 Min.

€ 42.00

to relax, enjoy a special eperience of scent, the skin will be treated with precious oil, minerals and vitamins you choose your aromatic oil,





### Wellness Massage

50 Min.

€ 68,00

to relax, this massage is a classic full body massage with relaxing essential oil, it relief light tensions,

## Leg- and foot Massage

45 Min.

€ 48,00

Pleasent for skiers, enjoy the pleasent effect of the leg and foot massage with stimulating oil, ideal if you are troubled with aching muscles of sporty activieties,

# Foot reflexology Massage

45 Min.

€ 48,00

the internal organs are stimulated by a pressure point massage of the suitable zones positively and selfhealing forces are activated straight,

# Cupping Massage

25 Min.

€ 48,00

relief tensions of the musculature,

ideal for pain treatment, it encourages blood flow, and antiphlogistic,







Daily from Sunday till Friday - Happy Hour Reduction for selected treatments 09:00 a.m. till 02:00 p.m.

